



SB20 East Coast Championships
17th – 18th May 2014
National Yacht Club
Dun Laoghaire

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The prescriptions of the Irish Sailing Association will apply.
- 1.3 Current SB20 Class Rules will apply.
- 1.4 Crews shall comply with the maximum Crew Weight Limit, as set out in the Class Rules. The scales used are deemed to be accurate and no redress will be granted in respect of this issue. This changes rule 62.1(a).

2. NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board located under the balcony of the National Yacht Club.
- 2.2 The Race Committee may draw attention to signals given on the Committee Boat, and communicate other information on VHF at any time. The Race Committee will transmit on Channel 69. Failure to transmit or to receive such communication will not be grounds for redress. This changes rule 62.1(a).

3. SPONSORS' ADVERTISING AND BOW NUMBERS

- 3.1 ISAF Regulation 20 will apply.
- 3.2 Boats may be required to display sponsors' stickers these shall be affixed, as directed at Registration, before launching.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted on the Official Notice Board by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main yardarm of the National Yacht Club.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

6. SCHEDULE OF RACES AND NUMBER OF RACES

6.1 Schedule

Date	Time of first Warning Signal	Number of Races Scheduled	High Water Dun Laoghaire
Saturday 17 th May	11:55	3	14.17
Sunday 18 th May	10:55	3	15.07

- 6.2 The warning signal for each succeeding race will be made as soon as practicable.
- 6.3 The Race Committee may run a fourth race on Saturday or Sunday to enable the scheduled number of races to be completed. Hoisting ICF Numerical 4 at the end of the third race will signal this on that day.
- 6.4 On Sunday 18th May, no starting signal will be made after 1430, except for the restart of a race following a General Recall.

7. CLASS FLAG

- 7.1 The class flag will be the SB20 Logo Flag.

8. RACING AREA

8.1 Races will be sailed in the waters of Dublin Bay.

9. THE COURSE

9.1 The course will be of the Windward/Leeward type, with a Leeward Gate. The diagram in Appendix A shows the course, the order in which marks are to be passed and the side on which each mark is to be left.

9.2 The order of mark rounding shall be: Start-1-2-3S or 3P-1-2-3S or 3P-Finish.

9.3 No later than the warning signal, the Race Committee may display the approximate compass bearing to Mark

10. MARKS

10.1 Marks 1, 3S & 3P will be large yellow inflatable type marks.

10.2 Mark 2 will be a distinctive small inflatable or Dan type mark

10.3 Starting Mark (if used) will be a distinctive Dan or inflatable mark

10.4 Finish Mark will be a distinctive Dan or inflatable type mark

10.5 A race committee boat signalling a change of a leg of the course is a mark as provided in SI12.2

11. THE START

11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal

11.2 The starting line will be between the red and white pole on the Committee Boat at the starboard end and the port end mark, or a RIB displaying an orange flag.

11.3 An inner distance mark may be laid. No boat shall pass between the adjacent Committee Boat and the inner distance mark after the Preparatory Signal for a race.

11.4 If Flag U has been displayed as the Preparatory Signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or resailed or it is postponed or abandoned before the starting signal. This changes Rule 26, 63.1, A4 and A5. The scoring abbreviation UFD shall be used for a "U Flag" penalty. This changes RRS A11

11.5 When rule 30.3 (Black Flag Rule) applies, and following a general recall, the Race Committee may, in addition to the requirements of Rule 30.3, broadcast sail numbers on VHF channel 69.

11.6 The race committee will attempt to broadcast Individual Recall OCS sail numbers no earlier than one minute after the starting signal, on VHF channel 69.

11.7 In relation to SI 11.6 and 11.7 failure to make a broadcast or the order in which numbers are broadcast will not be grounds for redress. This changes Rule 62.1(a)

11.8 A boat starting later than 5 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

12. CHANGE OF COURSE

12.1 To change the next leg of the course, the race committee will move the original mark (or finishing line) to a new position. Minor changes will not be signalled

12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.

13. THE FINISH

13.1 The finish line will be between a red and white pole on the finishing vessel and the Finish Mark.

13.2 When the Blue Flag is displayed no boat shall pass through the finishing line, in either direction, unless finishing. Any boat in breach of this SI shall be scored as DNF without a protest hearing. This changes Rule 63.1 and Appendix A4.1 and A5.

14. SHORTENING COURSE

14.1 When a Race Committee vessel displaying Code Flag V making repeated sound signal is positioned adjacent to a mark or gate of the course, boats, having rounded that mark or passed through that gate, shall proceed directly to the Finish line to finish. SI 12.2 will apply.

15. PENALTY SYSTEM

15.1 Rule 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

16. TIME LIMIT

16.1 If no boat has passed mark 1 within 40 minutes of her start, the race will be abandoned.

16.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rule 35 and A4.

17. PROTESTS, REQUESTS FOR REDRESS, ARBITRATION

17.1 Boats intending to protest shall inform the Race Committee at the finish boat, either by hail at the finish of the race concerned or, if this is impractical, at the earliest opportunity.

17.2 Protest forms are available at the race office. Protests and request for redress shall be delivered there within the

protest time limit.

17.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day.

17.4 Notices will be posted on the official notice board within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which will be posted on the official notice board.

17.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b)

17.6 Breaches of instructions 1.4, 11.1, 11.5, 19, 20, 21, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification.

17.7 On the last day of the regatta a request for reopening a hearing shall be delivered: -

(a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.
This changes Rule 66

18. SCORING

18.1 The Low Points Series of rule Appendix A, will be used.

18.2 Three races are required to be completed to constitute a series.

18.3 One discard will be allowed if 4 or more races are completed.

19. SAFETY REGULATIONS

19.1 All competitors will wear adequate personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. Dry suits and wet suits are not adequate personal flotation devices.

19.2 A boat that retires from a race shall notify the Race Committee as soon as possible.

19.3 Boats shall keep clear of commercial shipping at all times. NOTE HSS Sailings Arrival 12.30 Depart 13.30

20. REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors (helm or crew) will not be allowed, except in a medical emergency, without prior written approval of the Race Committee. Any permitted substitutes must have their weights recorded and boats must continue to comply with the requirements of Notice of Race, paragraph 3.2.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21. EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat, crew, equipment and safety equipment may be inspected at any time for compliance with the class rules and sailing instructions. Random weighing of crew may take place each morning of the competition.

21.2 Competitors may be asked to conduct safety/measurement checks on a random boat assigned at registration

22. OFFICIAL BOATS

22.1 Jury RIBs, if present, will be identified by yellow flag.

23. COACH/SPECTATOR BOATS

23.1 Coach boats shall register with the race office and display such marking as may be required by the Race Committee.

24. HAUL OUT RESTRICTIONS

24.1 Boats shall not be removed from the water between the preparatory signal of the first race and the end of the regatta. In an emergency, and only following a written request, the protest committee may waive this SI.

24.2 In the event of foul weather, the organising committee may direct that all boats be moved to another berth.

25. DIVING EQUIPMENT AND PLASTIC POOLS

25.1 Underwater breathing apparatus and plastic pool or their equivalent shall not be used between the preparatory signal of the first race and the end of the regatta.

26. RADIO COMMUNICATION

26.1 A boat while racing shall neither make radio transmissions nor receive communications not available to all boats. This restriction also applies to mobile telephones, which shall be switched off while racing.

27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 per event or the equivalent.

28. PRIZES

28.1 Prize giving will take place as soon as possible following the conclusion of racing.

28.2 Prizes will be awarded to first 3 boats and crew in the Gold Fleet and first boat and crew in the silver fleet.

29. LIABILITY

The National Yacht Club, SB20 Ireland and their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the SB20 Eastern Championship 2014, including any pre-championship training at the championship site, and competitors take part in the championship entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of a boat they are sailing. It is the responsibility of each competitor to participate in a race or to continue racing. A competitor is wholly and exclusively responsible for his or her personal accident and health insurance. The person in charge is wholly and exclusively responsible for his or her third party liability insurance on the boat that he or she is sailing.

Rule 4, Decision to Race. The safety of a boat and her crew is the sole and inescapable responsibility of the owner, who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew, each of whom are physically fit and properly clothed to face bad weather. He/she must be satisfied as to the soundness of the hull, steering equipment, rigging and sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that the crew knows where it is kept and how it is used. Neither the establishment of these special regulations, their use by the sponsoring organisations, nor the inspection of a boat under these regulations, in any way limits or reduces the complete and unlimited responsibility of the owner. It is the sole and exclusive responsibility of each boat to decide whether or not to start or to continue to race.

Appendix A

WINDWARD - LEEWARD COURSE DIAGRAM

