



**J109 Boat Care Services Irish National Championships  
Ruffian 23 Irish National Championships  
18<sup>th</sup> – 20<sup>th</sup> June 2014  
National Yacht Club  
Dun Laoghaire**

**Organising Authority is the National Yacht Club, J109 and Ruffian Classes**

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 The prescriptions of the Irish Sailing Association will apply.
- 1.3 The J109 Irish and UK Class rules and as amended by Appendix A as issued with the NOR will apply.
- 1.4 The Ruffian Class rules will apply.

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the official notice board located under the balcony of the National Yacht Club.
- 2.2 The Race Committee may draw attention to signals given on the Committee Boat, and communicate other information on VHF at any time. The Race Committee will transmit on Channel 69. Failure to transmit or to receive such communication will not be grounds for redress. This changes rule 62.1(a).

### 3. SPONSORS' ADVERTISING

- 3.1 ISAF Regulation 20 will apply.
- 3.2 Boats may be required to display sponsors' stickers these shall be affixed, as directed at Registration, before launching.

### 4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted on the Official Notice Board by 2000 on the day before it will take effect.

### 5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the main yardarm of the National Yacht Club.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

### 6. SCHEDULE OF RACES

#### 6.1 Schedule

Date	Time of first Warning Signal	Number of Races Scheduled	High Water Dun Laoghaire
Friday 18 <sup>th</sup> July	14.25	2	17.17
Saturday 19 <sup>th</sup> July	10.55	3	18.15
Sunday 20 <sup>th</sup> July	10:55	2	06.37

#### 6.2 Starting sequence:

Windward Leeward Course: J109 class will start first  
Trapezoid Course: Ruffian class will start first

The time of the warning signal for the second class starting will be advised on Channel 69

This sequence may be amended on the water and if so will be advised on Channel 69

6.3 The warning signal for each succeeding race will be made as soon as practicable.

6.4 To enable maximum flexibility the Race Committee reserves the right to change the Schedule of Races. If additional races are to be sailed this will be signalled by the displaying of IC Flag E at the finish of the last scheduled race.

6.5 On Sunday 20<sup>th</sup> July, no starting signal will be made after 15.30hrs.

## **7. CLASS FLAGS**

7.1 Class flags will be:

J109	IC flag "J"
Ruffian	IC flag "R"

## **8. RACING AREA**

8.1 Races will be sailed in the waters of Dublin Bay.

## **9. THE COURSES**

9.1 The course will be of the Windward/Leeward type, or a Trapezoid with an inner and outer loop, both with a Leeward Gate. The diagrams in Appendix A show the courses, the order in which marks are to be passed and the side on which each mark is to be left.

9.2 A Windward Leeward Course will be indicated by flying IC flag "W", a Trapezoid course will be indicated by flying IC flag "T"

9.3 The Race Committee may display the approximate compass bearing to Mark

## **10. MARKS**

10.1 Windward / Leeward Course:

Mark 1, will be large inflatable Orange mark, Mark 1A will be a large inflatable Yellow mark

Marks W1 and W1A will be small inflatable orange marks

Marks 2S and 2P will be large inflatable Yellow marks

10.2 Trapezoid Course

Marks 1, 4S and 4P will be large inflatable Yellow marks

Marks 2, 3S and 3P will be large inflatable Orange marks

10.3 Starting Mark (if used) will be a distinctive Dan or inflatable mark

10.4 Finish Mark(s) will be a distinctive Dan or inflatable type mark

10.5 A race committee boat signalling a change of a leg of the course is a mark as provided in SI12.2

## **11. THE START**

11.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

11.2 The starting line will be between the red and white pole on the Committee Boat at the starboard end and the port end mark, or a RIB displaying an orange flag.

11.3 If Flag U has been displayed as the Preparatory Signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or resailed or it is postponed or abandoned before the starting signal. This changes Rule 26, 63.1, A4 and A5. The scoring abbreviation UFD shall be used for a "U Flag" penalty. This changes RRS A11

11.4 When rule 30.3 (Black Flag Rule) applies, and following a general recall, the Race Committee may, in addition to the requirements of Rule 30.3, broadcast sail numbers on VHF channel 69.

11.5 The race committee will attempt to broadcast Individual Recall OCS sail numbers no earlier than one minute after the starting signal, on VHF channel 69.

11.6 In relation to SI 11.4 and 11.5 failure to make a broadcast or the order in which numbers are broadcast will not be grounds for redress. This changes Rule 62.1(a)

11.7 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start. This changes rule A4.

## **12. CHANGE OF COURSE**

12.1 To change the next leg of the course, the race committee will move the original mark (or finishing line) to a new position. Minor changes will not be signalled

12.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.

## **13. THE FINISH**

13.1 The finish line will be between a mast on the finishing vessel(s) and the Finish Mark(s). For the Trapezoid Course there will be an Inner (I) and Outer (O) finish line.

#### **14. SHORTENING COURSE**

14.1 When a Race Committee vessel displaying Code Flag V making repeated sound signal is positioned adjacent to a mark or gate of the course, boats, having rounded that mark or passed through that gate, shall proceed directly to the Finish line to finish. SI 12.2 will apply. This is in addition to RRS 32.

#### **15. PENALTY SYSTEM**

15.1 Rule 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.

#### **16. TIME LIMIT**

16.1 If no boat has passed mark 1 within 40 minutes of her start, the race will be abandoned.

16.2 Boats failing to finish within 20 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes rule 35, A4 and A5.

#### **17. PROTESTS, REQUESTS FOR REDRESS, ARBITRATION**

17.1 Boats intending to protest shall inform the Race Committee at the finish boat, either by hail at the finish of the race concerned or, if this is impractical, at the earliest opportunity.

17.2 Protest forms are available at the race office. Protests and request for redress shall be delivered there within the protest time limit.

17.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day.

17.4 Notices will be posted on the official notice board within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which will be posted on the official notice board.

17.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b)

17.6 Breaches of instructions 1.4, 11.1, 11.5, 19, 20, 21, and 26 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification.

17.7 On the last day of the regatta a request for reopening a hearing shall be delivered: -

(a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day.  
This changes Rule 66

#### **18. SCORING**

18.1 The Low Points Series of rule Appendix A, will be used.

18.2 Three races are required to be completed to constitute a series for the J109 class.

18.3 Four races are required to be completed to constitute a series for the Ruffian class.

18.4 For both classes One discard will be allowed if five or more races are completed.

#### **19. SAFETY REGULATIONS**

19.1 A boat that retires from a race shall notify the Race Committee as soon as possible.

19.2 Boats shall keep clear of commercial shipping at all times. NOTE HSS Sailings Arrival 12.30 Depart 13.30

#### **20. REPLACEMENT OF CREW OR EQUIPMENT**

20.1 Substitution of competitors (helm or crew) will not be allowed, except in a medical emergency, without prior written approval of the Race Committee.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

#### **21. EQUIPMENT AND MEASUREMENT CHECKS**

21.1 A boat, crew, equipment and safety equipment may be inspected at any time for compliance with the class rules and sailing instructions. Random weighing of crew may take place each morning of the competition.

21.2 Competitors may be asked to conduct safety/measurement checks on a random boat assigned at registration

#### **22. OFFICIAL BOATS**

22.1 Jury RIBs, if present, will be identified by yellow flag.

#### **23. COACH/SPECTATOR BOATS**

23.1 Coach boats shall register with the race office and display such marking as may be required by the Race Committee.

#### **24. HAUL OUT RESTRICTIONS**

24.1 Boats shall not be removed from the water between the preparatory signal of the first race and the end of the regatta. In an emergency, and only following a written request, the protest committee may waive this SI.

24.2 In the event of foul weather, the organising committee may direct that all boats be moved to another berth.

## **25. DIVING EQUIPMENT AND PLASTIC POOLS**

25.1 Underwater breathing apparatus and plastic pool or their equivalent shall not be used between the preparatory signal of the first race and the end of the regatta.

## **26. RADIO COMMUNICATION**

26.1 A boat while racing shall neither make radio transmissions nor receive communications not available to all boats. This restriction also applies to mobile telephones, which shall be switched off while racing.

## **27. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 per event or the equivalent.

## **28. PRIZES**

28.1 Ruffian class prizes will be awarded to 1st, 2nd and 3rd in the Gold Fleet, and 1st and 2nd in the Silver Fleet. The Gold Fleet will be determined by the results of the first two races. The Carmen trophy will be awarded to the best traveller. Special prizes may also be awarded.

28.2 J109 class prizes will be awarded to the first three boats overall.

## **29. LIABILITY**

The National Yacht Club, J109, Ruffian Classes and their officers, members and volunteers do not accept liability for loss of life or property, or personal injury or damage caused by or arising out of the J109 & Ruffian National Championships 2014, including any pre-championship training at the championship site, and competitors take part in the championship entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of competitors being solely and entirely responsible for the management of a boat they are sailing. It is the responsibility of each competitor to participate in a race or to continue racing. A competitor is wholly and exclusively responsible for his or her personal accident and health insurance. The person in charge is wholly and exclusively responsible for his or her third party liability insurance on the boat that he or she is sailing.

**Rule 4, Decision to Race.** The safety of a boat and her crew is the sole and inescapable responsibility of the owner, who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew, each of whom are physically fit and properly clothed to face bad weather. He/she must be satisfied as to the soundness of the hull, steering equipment, rigging and sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that the crew knows where it is kept and how it is used. Neither the establishment of these special regulations, their use by the sponsoring organisations, nor the inspection of a boat under these regulations, in any way limits or reduces the complete and unlimited responsibility of the owner. It is the sole and exclusive responsibility of each boat to decide whether or not to start or to continue to race.

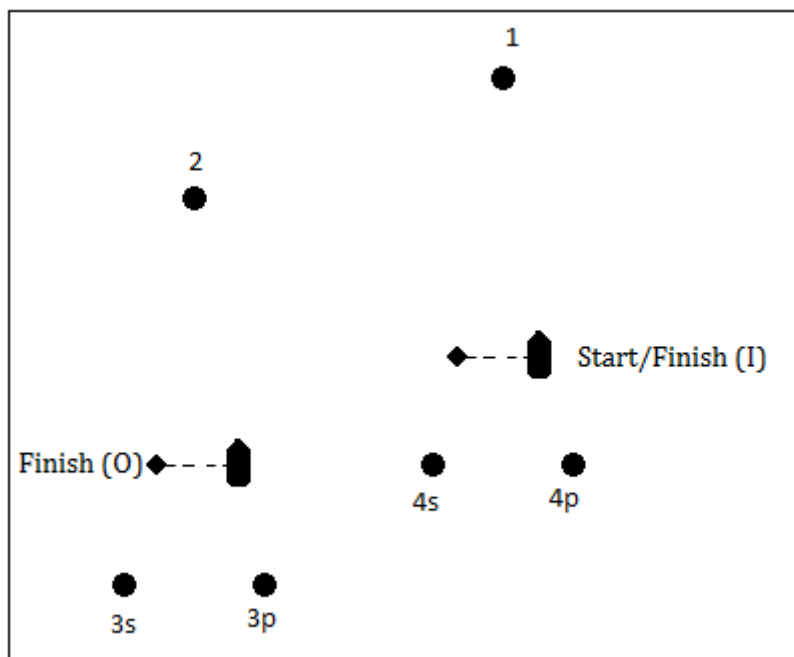
## Appendix A

Note course diagrams are indicative only and not to scale

### Trapezoid Course (IC Flag "T")

Course: Ruffian Class: Start - 1p - 2p - 3s/3p - 2p - 3s/3p - Finish (O)

J109 Class: Start - 1p - 4s/4p - 1p - 4s/4p - Finish (I)



### Windward / Leeward Course (IC Flag "W")

Course: J109 Class: Start - 1ap - W1ap - 2s/2p - 1ap - W1ap - 2s/2p - Finish

Ruffian Class: Start - 1p - W1p - 2s/2p - 1p - W1p - 2s/2p - Finish

